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365 Days Of DIY Skin Care Hacks - Essential Oils, Natural Soaps, Homemade Face Masks, DIY Natural Beauty Recipes



Synopsis

365 Days of DIY Skin Care Hacks - Essential Oils, Natural Soaps, Homemade Face Masks, DIY Natural Beauty Recipes Put yourself on your priority list And make some time to try the awesome:â€¢ Essential Oilsâ€¢ Natural Soapsâ€¢ Homemade Face Masksâ€¢ DIY Natural Beauty Recipes Most of us do our best, particularly for the items we use every day, to use perfect beauty products. There are thousands of different types of cosmetic products such as soaps, creams, lotions, perfumes, deodorants, face masks, and so on. It may seem difficult to choose the right products, particularly for things we use on our skin because it is bodyâ€™s largest and very important organ. Skin protect us, it is bodyâ€™s first line of defense. Furthermore, youthful and beautiful skin can indicate the condition of our whole body. How to take care of our precious skin? The majority of commercially prepared beauty products are made with a lot of chemical ingredients that can be harmful to our skin and our overall health. Further, it can be a big problem for people who suffer from allergies to certain products, especially scented products. Childrenâ€™s skin is especially sensitive to chemicals in cosmetic products. The solution is simpler than you think â€” you can make your own beauty products! The great news is that you can control the ingredients that go into your homemade products. You can be sure that your soaps, creams and lotions are safe for everyone to use. Enjoy these safe beauty trends!

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Customer Reviews

DIY hacks to care for your bodyâ™s largest organ: the skin! This is an excellent book for several reasons. The first being, skin care products are really expensive and even if youâ™re a savvy shopper, it still adds up. With a little time and a bit of effort you can make your own products and save you tons of money. Iâ™m really conscious of ingredients in my food and anything that contacts my body. In this book, you know exactly where each ingredient for each product originated. You can rest easy that youâ™re not rubbing toxins into your skin or that it has not been animal tested. Further, it is a bit like cooking. Letâ™s say you follow a recipe for soap and you loved the soap, but it was too lavender-y (just an example). So, the next time you make it you add less lavender. I love being able to customize the ingredients and tailor them to my tastes. With hundreds of recipes for a variety of skin products, youâ™ll be sure to find more than a few things you love. Treat yourself to better skin! You deserve it!

I always trusted natural treatment, be it remedy, beauty or diet purpose. But unfortunately it was always hard to find a natural alternative to that of chemical-riched beauty products, mainly because of inconvenience in use compared to commercial products. After reading this book, it looks like a natural way of beauty treatment is not as bothering as I thought, in fact I already tried few. This book showed how I can make necessary beauty recipes using always-availables from my kitchen.

Excellent! Iâ™ve always been interested in any sort of DIY skin care related routines, as I and anyone who relies on several store-bought products fully understand how expensive they can add up over time. The only problem I had was finding a reliable and genuine guide, which thankfully author Jamie Stewart has provided with this book. Iâ™ve only used a few of the recipes so far, mainly the different body butters and recipes to be used in the bath, and I can say that Iâ™ve already noticed some results â€“ my skin definitely looks healthier and in certain areas. What I admire most about the book though is that many of the ingredients are quite simple and easy to get, in fact I already owned a few of the essential oils that are listed in some of the body butters â€“ and the other ingredients werenâ™t that expensive, probably even cheaper than brand-name goods. Overall, Iâ™m happy with what Iâ™ve seen so far, I just wish that there were some illustrations next to the recipes so I could compare them to my finished products â€“ sometimes I

was unsure of whether, for example, a body butter bar looked the way it was supposed to. Other than that, I'd say it's more than worth the read.

Despite being in my 40's, I continue to have some minor skin problems and take serious issue with spending outrageous amounts of money on the latest "solutions." I'd prefer natural remedies anyway, and that is what drew me to author Jamie Stewart's latest book "365 Days of DIY Skin Care Hacks." This book essentially contains everything you need to know to take care of your skin at home in the healthiest way possible, avoiding the chemical-laden products that are sold in stores. I can't stand products with heavy, chemical scents and there are some wonderful solutions here. Definitely recommend this one!

I should put myself on the priority list. Really this is what the author made me realize since many of us put other things on this list forgetting the chief-architect of the spendings on the list! It includes 365 recipes for homemade products made with essential oils, soap bars, liquid soaps, SPA products, DIY face masks and lots more. It even contains recipes for kids' skin care products as well as easy and fun bubble bath and soaks. The author practically relay steps on how to make the most out of the 365 recipes mentioned! More is that these recipes are affordable and readily available! He not only mentions how these recipes were going to be made but also include directions with measurement to take into consideration. This book is a must for everyone who cares about him/herself! It's really awesome!!!

I always look for natural ways on taking care of my skin. It's not only cheaper but it's also safer for overall skin health. This book on 365 skin care recipes was quite helpful in giving me ideas on what I should use for my face. Some of the recipes were basic and spanned to uncommon ones as well. I'll definitely try out some of these and figure out what works for my skin type.

This little book is about 70 pages and has 365 recipes in it from lotions, to bath bombs, to salt scrubs, to face masks to serums. A very nice variety and lots of good recipes to try. They are not overly complicated to understand and many ingredients can be found easily. Very good little recipe book for skin products.

I literally LOVE this book. It has a table of content which gave me options to choose from all the DIY recipes it contains that will surely make my skin beautiful, from the facial mask that will surely go

with the type of skin I have up to the perfect bath soap that will make me feel and look younger than my actual age!

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